



Our Self Pay Medical Packages

Appointments we Offer

If you are unsure about which medical to undertake, Why not book in for your health focused appointment with one of our GPs to explore your health concerns and undergo a physical examination. This will also include 50 of your key health indicators with a simple blood test. This may also be a chance to discuss a more complex medical at a later date. You can book for one of the following:

Quick Start Bloods (Registered Patients Only)

15 Minute Appointment

£499

This appointment will be a 15 minute appointment with one of our GP's to review your current medical health by means of a blood test.

Blood Tests Included:

- Full Haematology Screen
- Full Biochemistry Screen
- Lipid Profile
- Thyroid Function
- Vitamin D
- B12 and Folic Acid
- Prostate Markers (Male Specific)
- Diabetes
- A urine Dipstick will be carried out in the doctors room

Smart Check Appointment

45 Minutes

£799

This appointment will be a 45 minute appointment with one of our GP's to discuss your current medical health, conduct a physical examination and carry out blood and urine tests for over 50 different health parameters.

Physical Examination consisting of:

- Blood Pressure, Respiratory Check, Abdominal Check, Ears Nose and Throat

Blood Tests Included:

- Full Haematology Screen
- Full Biochemistry Screen
- Lipid Profile
- Thyroid Function
- Vitamin D
- B12 and Folic Acid
- Prostate Markers (Male Specific)
- Diabetes
- A urine Dipstick will be carried out in the doctors room

Medical 1: Platinum

£1,750

Our Medicals are inclusive of a 30 minute pre medical phone call in order to plan your in person visit to the practice and to answer any queries you may have and discuss possible add-on bundles that you may wish to undertake. This is then followed by your in person visit to the practice where the medical is undertaken. You will have a 90 minute consultation with one of our GPs where you will discuss all medical history, your current health concerns and undergo your physical assessment along with blood tests (All detailed Below).

Physical Examination

- Check up on your Cardiovascular System
- Check up on your Respiratory System
- Blood Oxygen Levels
- Abdominal Examination
- Check up on your ears, Nose and Throat
- Musculoskeletal Assessment
- Dermatology Assessment
- Prostate Examination
- Breast Examination
- Neurological Examination

Blood tests included

- Full Haematology Screen
 - ◇ Red Blood Cells, White Blood Cell Infection Markers and Inflammation Markers
- Full Biochemistry Screen
 - ◇ Kidney Function, Electrolytes (blood Salts), Gout Marker (Uric Acid), Bone Profile (Calcium and Phosphate), Muscle Enzymes (Creatinine Kinase and LDH), Liver Function, Iron Markers, Blood Glucose and CRP (Bacteria Marker)
- Lipid Profile
 - ◇ Total Cholesterol, HDL and LDL (good and bad cholesterol levels) and Triglycerides.
- Thyroid Function
- Vitamin D
- B12 and Folic Acid
- Diabetes
- Urine Dipstick (Carried out in the room by the doctor)

Female Specific Tests:

- PAPT and HP20 (Papilloma Virus Screen and Cervical Smear)
- C199, HE4 Roma, CEA, PLA2 (Cancer Markers for Pancreas, Gut, Lung and Ovaries)

Male Specific Tests:

- Testosterone and Prostate Markers
- C199, CEA and PLA2 (Cancer Markers for Pancreas, Gut and Lungs)

Medical 2: Elite

£2,750

This Medical is inclusive of a 30 minute pre medical phone call in order to plan your in person visit to the practice and to answer any queries you may have and discuss possible add-on bundles that you may wish to undertake. This is then followed by your in person visit to the practice where the medical is undertaken. You will have a 90 minute consultation with one of our GPs where you will discuss all medical history, your current health concerns and undergo your physical assessment along with blood tests (All detailed Below).

Physical Examination

- Check up on your Cardiovascular System
- Check up on your Respiratory System
- Blood Oxygen Levels
- Abdominal Examination
- Check up on your ears, Nose and Throat
- Musculoskeletal Assessment
- Dermatology Assessment
- Prostate Examination
- Breast Examination
- Neurological Examination

Additional Scans/Tests Included:

Female Medical

- Mammogram
- Exercise ECG

Male Medical

- Exercise ECG
- Most enhanced prostate cancer screening blood test

Blood tests included

- Full Haematology Screen
 - ◇ Red Blood Cells, White Blood Cell Infection Markers and Inflammation Markers
- Full Biochemistry Screen
 - ◇ Kidney Function, Electrolytes (blood Salts), Gout Marker (Uric Acid), Bone Profile (Calcium and Phosphate), Muscle Enzymes (Creatinine Kinase and LDH), Liver Function, Iron Markers, Blood Glucose and CRP (Bacteria Marker)
- Lipid Profile
 - ◇ Total Cholesterol, HDL and LDL (good and bad cholesterol levels) and Triglycerides.
- Thyroid Function
- Vitamin D
- B12 and Folic Acid
- Diabetes
- Urine Dipstick (Carried out in the room by the doctor)

Female Specific Tests:

- PAPT and HP20 (Papilloma Virus Screen and Cervical Smear)
- C199, HE4 Roma, CEA, PLA2 (Cancer Markers for Pancreas, Gut, Lung and Ovaries)

Male Specific Tests:

- Testosterone and Prostate Markers
- C199, CEA and PLA2 (Cancer Markers for Pancreas, Gut and Lungs)

Medical 3: Panoramic

£8,999

This Medical is inclusive of a 30 minute pre medical phone call in order to plan your in person visit to the practice and to answer any queries you may have and discuss possible add-on bundles that you may wish to undertake. This is then followed by your in person visit to the practice where the medical is undertaken. You will have a 90 minute consultation with one of our GPs where you will discuss all medical history, your current health concerns and undergo your physical assessment along with blood tests plus a 30 minute post medical phone call to discuss all results. (All detailed Below).

Physical Examination

- Check up on your Cardiovascular System
- Check up on your Respiratory System
- Blood Oxygen Levels
- Abdominal Examination
- Check up on your ears, Nose and Throat
- Musculoskeletal Assessment
- Dermatology Assessment

Additional Scans/Tests Included:

- Exercise ECG
- Mammogram (Female Specific)
- Bone Density Scan
- Trucheck Blood Test
- Full Body Cancer MRI
- Echocardiogram
- Carotid Ultrasound
- Calprotectin Stool Test for inflammation
- FIT stool test for bowel cancer
- Prostate Ultrasound (Male Specific)
- Transvaginal Ultrasound (Female Specific)
- Breast Ultrasound (Female Specific)

Blood tests included

- Full Haematology Screen
 - ◇ Red Blood Cells, White Blood Cell Infection Markers and Inflammation Markers
- Full Biochemistry Screen
 - ◇ Kidney Function, Electrolytes (blood Salts), Gout Marker (Uric Acid), Bone Profile (Calcium and Phosphate), Muscle Enzymes (Creatinine Kinase and LDH), Liver Function, Iron Markers, Blood Glucose and CRP (Bacteria Marker)
- Lipid Profile
 - ◇ Total Cholesterol, HDL and LDL (good and bad cholesterol levels) and Triglycerides.
- Thyroid Function
- Vitamin D
- B12 and Folic Acid
- Diabetes
- Urine Dipstick (Carried out in the room by the doctor)

Female Specific Tests:

- PAPT and HP20 (Papilloma Virus Screen and Cervical Smear)
- C199, HE4 Roma, CEA, PLA2 (Cancer Markers for Pancreas, Gut, Lung and Ovaries)

Male Specific Tests:

- Testosterone and Prostate Markers
- C199, CEA and PLA2 (Cancer Markers for Pancreas, Gut and Lungs)

Add On Bundles

If you are interested in any of the below add on tests, we can make your medical as bespoke as you want to meet all of your needs.

Please contact the team on 07487853040 or email mymedical@pixieandsera.com to find out more on the below packages.

Sexual Health Tests Add On

HIV, Hepatitis B, Syphilis and Urine

Cardiology Add On

Stress Echocardiogram

Or

CT Coronary Angiogram

Menopause Add On (Female)

Mammogram

Transvaginal Ultrasound

Bone Density Scan

Hormone Blood tests

Bowel Cancer and Cardiovascular Add On

CT Coronary Angiogram

CT Colonography

Liver Health Add On

Liver Ultrasound

ELF (Enhanced Liver Fibrosis) Blood Test

Hepatitis Blood Profile

Fertility Add On

AMH (Anti Mullerian Hormone) Blood Test (Female)

Or

Semen Analysis (Male)

Stroke Risk Add On

Cardiostat ECG Monitor

Carotid Ultrasound

Trucheck Cancer Add On

Full Trucheck Intelli Blood Test

Allergy or Coeliac Testing Add On

Testing for: Foods, Inhalants, Gluten, Antibiotics, Animals, Environmental

Gut Health Add On

Sibo Tests—(Small Intestinal Bowel overgrowth breath test.

Calprotectin Stool—(Inflammation)

QFIT—(Bowel Cancer Screen)

Comprehensive Stool Tests screening for H.Pylori, Bacteria's, Parasites and Viruses

Payment Disclaimer

All of our pre designed medical packages are inclusive of all tests and are funded on a self pay basis.

We are frequently asked if your medical insurance will cover these packages: they **do not** cover pre-packaged medicals carried out within Primary Care (General Practice) or screening centres. Your insurances do however cover us for any consultations where we can then refer you for testing and scanning pending insurance approval.

If you wish to book a dedicated medical, you are welcome to pay for these and seek reimbursement from your insurance provider. We encourage you to contact your provider before you undertake your medical so that you are aware what they may reimburse you for. We are unable to refund or reimburse if your insurance company do not cover any incurred costs.

Some insurance providers will inform their clients that they are covered for medical checks at a certain limit per year. These **do not** include the pre-packaged medicals and many policies have changed in 2023.

If you would like to be referred for certain tests through your insurance, then we recommend you book an appointment to discuss this and we can organise a referral for tests that your insurance can authorise.